



### ELLENBROOK PRIMARY SCHOOL MENU WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Option 1</b> Meatballs in Tomato Sauce served with Pasta and Wholegrain Crusty Bread	<b>Option 1</b> Pepperoni Pizza served with Potato Wedges, Sweetcorn & Peas	<b>Option 1</b> Roast Chicken & Roast Potatoes, Served with Seasonal Vegetables & Gravy	<b>Option 1</b> Chicken Tikka Curry served with Rice and Wholegrain crusty Bread	<b>Option 1</b> Fish (white) & Chips served with Peas and Ketchup
<b>Option 2</b> Vegetarian Quorn balls in Tomato Sauce served with Pasta & Wholegrain Crusty Bread	<b>Option 2</b> Cheese & tomato Pizza served with Potato Wedges, Sweetcorn & Peas	<b>Option 2</b> Cheese Omelette & roast Potatoes Served with Salad	<b>Option 2</b> Vegetarian Sausage Roll Served with diced potatoes & Beans	<b>Option 2</b> Savoury Cheese Quiche & Chips Served with Peas
Jacket Potato with cheese or beans and salad	Jacket Potato with cheese or beans and salad	Jacket Potato with cheese or beans and salad	Jacket Potato with cheese or beans and salad	Jacket Potato with cheese or beans and salad
Selection of Sandwiches Ham, cheese, tuna, turkey or egg mayonnaise with Salad	Selection of Sandwiches Ham, cheese, tuna, turkey or egg mayonnaise with Salad	Selection of Sandwiches Ham, cheese, tuna, turkey or egg mayonnaise with Salad	Selection of Sandwiches Ham, cheese, tuna, turkey or egg mayonnaise with Salad	Selection of Sandwiches Ham, cheese, tuna, turkey or egg mayonnaise with Salad
Fudge Cake Yoghurt Fresh fruit	Jam doughnut Yoghurt Fresh fruit	Raspberry Jelly with fruit Yoghurt Fresh fruit	Peach or Apple crumble Yoghurt Fresh fruit	Ice Cream Yoghurt Fresh fruit



### ELLENBROOK PRIMARY SCHOOL MENU WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Option 1</b> Beef Burger on a Bun Served with Diced potatoes, beans & ketchup	<b>Option 1</b> Beef Lasagne with Salad & Wholegrain Crusty bread	<b>Option 1</b> Roast Beef & Roast Potatoes Served with Mixed Vegetables & Gravy	<b>Option 1</b> Lamb Chilli & Rice Served with Wholegrain Crusty bread	<b>Option 1</b> Salmon Fillet Served with Chips & Baked Beans
<b>Option 2</b> Quorn Burger on a Bun Served with Diced potatoes, beans & ketchup	<b>Option 2</b> Macaroni Cheese Served with Peas & Wholegrain Crusty bread	<b>Option 2</b> Quorn Dippers Served with Herby diced potatoes & Mixed Vegetables	<b>Option 2</b> Cheese Pizza Served with Wedges, Mixed Salad	<b>Option 2</b> Cheese Omelette Served with Chips & Baked Beans
Jacket Potato with cheese or beans and salad	Jacket Potato with cheese or beans and salad	Jacket Potato with cheese or beans and salad	Jacket Potato with cheese or beans and salad	Jacket Potato with cheese or beans and salad
Selection of Sandwiches Ham, cheese, tuna, turkey or egg mayonnaise with Salad	Selection of Sandwiches Ham, cheese, tuna, turkey or egg mayonnaise with Salad	Selection of Sandwiches Ham, cheese, tuna, turkey or egg mayonnaise with Salad	Selection of Sandwiches Ham, cheese, tuna, turkey or egg mayonnaise with Salad	Selection of Sandwiches Ham, cheese, tuna, turkey or egg mayonnaise with Salad
Chocolate Sponge & Custard Yoghurt Fresh fruit	Chocolate Iced doughnut Yoghurt Fresh fruit	Carrot Cake Yoghurt Fresh fruit	Rice Pudding & Sultanas Yoghurt Fresh fruit	Fruit Iced Smoothies Yoghurt Fresh fruit





### ELLENBROOK PRIMARY SCHOOL MENU WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Option 1</b> Pork Sausage & Chips Served with Baked Beans	<b>Option 1</b> Lamb Bolognaise Served with Pasta & Wholegrain Crusty bread	<b>Option 1</b> Roast Gammon & Roast Potatoes Served with Peas, carrots & Gravy	<b>Option 1</b> Lamb Pie & Boiled Potatoes Served with Peas, carrots & Gravy	<b>Option 1</b> Fish Fingers & Chips Served with Peas & Ketchup
<b>Option 2</b> Cheese Omelette & Chips Served with Baked Beans	<b>Option 2</b> Quorn & Vegetable Pasta Bake Wholegrain Crusty bread	<b>Option 2</b> Quorn Tikka Curry Served with Rice & Wholegrain Crusty Bread	<b>Option 2</b> Vegetable Goujon wrap served with Herby Potatoes Peas & Carrots	<b>Option 2</b> Cheese Quiche served with Chips & Peas
Jacket Potato with cheese or beans and salad	Jacket Potato with cheese or beans and salad	Jacket Potato with cheese or beans and salad	Jacket Potato with cheese or beans and salad	Jacket Potato with cheese or beans and salad
Selection of Sandwiches Ham, cheese, tuna, turkey or egg mayonnaise with Salad	Selection of Sandwiches Ham, cheese, tuna, turkey or egg mayonnaise with Salad	Selection of Sandwiches Ham, cheese, tuna, turkey or egg mayonnaise with Salad	Selection of Sandwiches Ham, cheese, tuna, turkey or egg mayonnaise with Salad	Selection of Sandwiches Ham, cheese, tuna, turkey or egg mayonnaise with Salad
Apple Cake Yoghurt Fresh fruit	Plain Cookie Yoghurt Fresh fruit	Jam Doughnut Yoghurt Fresh fruit	Banana Muffin Yoghurt Fresh fruit	Frozen Raspberry Mouse Yoghurt Fresh fruit

