



Ellenbrook

COMMUNITY PRIMARY SCHOOL

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Head Teacher: Mr. R Blackburn B.Ed PQSI

## YOUNG MINDS – WORLD MENTAL HEALTH DAY

Dear Parents/Carers,

We are proud to announce that on **Friday 9<sup>th</sup> October**, we will be supporting Young Minds UK with their 'Hello Yellow' campaign for World Mental Health Day. The children are invited to come to school wearing something yellow with their school uniform.

This is a good opportunity to promote what young minds does in a short, simple way and why raising awareness about healthy mental health is important.

During the day, the children will take part in a number of activities in their classes, which will support their understanding of mental health and the stigmas that surround this. They will also look at a number of strategies that promote positive mental health and wellbeing.

We kindly ask that a donation is made on our just giving webpage

<https://www.justgiving.com/fundraising/ellenbrook> in order to support this fantastic charity.

Thank you in anticipation of your support.

Miss N Mottram  
School Council Lead