

20<sup>th</sup> January 2020

Dear Parent / Guardian,

The School Health team will be visiting your child's school shortly, to deliver activities around the national 5 A DAY message of eating more fruit and vegetables to Year 1 pupils.

The sessions will be enjoyable for the children to take part in, and they will learn about hygiene, food preparation and making healthy food choices. This also involves them tasting the food they have prepared, so if your child has any known food allergy or special dietary needs, please inform the class teacher.

Yours sincerely,

School Health Team.

Tel: 0161 206 2128