

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	<p>Pork meatballs in tomato and basil sauce served with fusilli pasta and crusty bread</p> <p>Allergens: WHEAT, SULPHITES, EGG May contain: Mustard/Soya</p>	<p>Homemade Lamb Bolognese served with pasta and garlic bread</p> <p>Allergens: WHEAT May contain: Mustard/Soya/Milk</p>	<p>Chicken Nuggets served with sweetcorn and seasoned potato wedges</p> <p>Allergens: WHEAT</p>	<p>Vegan sausage rolls served with diced potato and beans</p> <p>Allergens: WHEAT, SOYA May contain: Milk</p>	<p>Birds Eye Fish Fingers served with chips and Garden peas</p> <p>Allergens: FISH, WHEAT</p>
Option 2	<p>Pea protein balls in tomato basil sauce served with fusilli pasta and freshly cooked crusty bread</p> <p>Allergens: WHEAT, SOYA May contain: Mustard</p>	<p>Lentil bolognese served with pasta and garlic bread</p> <p>Allergens: WHEAT May contain: Mustard/Soya/Milk</p>	<p>Quorn vegan dippers served with sweetcorn and seasoned potato wedges</p> <p>Allergens: WHEAT</p>	<p>Homemade Sweet Potato and Chickpea Curry served with Rice and Naan Bread</p> <p>Allergens: WHEAT</p>	<p>Mozzarella sticks served with chips and garden peas</p> <p>Allergens: MILK, WHEAT May contain: egg, mustard, soya</p>
Jacket Potato	<p>Jacket Potato served with Cheese and/or Baked Beans</p> <p>Vegan cheese available</p> <p>Allergens: MILK</p>	<p>Jacket Potato served with Cheese and/or Baked Beans or Tuna in mayonnaise</p> <p>Vegan cheese available</p> <p>Allergens: FISH, EGG, MILK</p>	<p>Jacket Potato served with Cheese and/or Baked Beans</p> <p>Vegan cheese available</p> <p>Allergens: MILK</p>	<p>Jacket Potato served with Cheese and/or Baked Beans or Tuna in mayonnaise</p> <p>Vegan cheese available</p> <p>Allergens: FISH, EGG, MILK</p>	<p>Jacket Potato served with Cheese and/or Baked Beans or Tuna in mayonnaise</p> <p>Vegan cheese available</p> <p>Allergens: FISH, EGG, MILK</p>
Sandwich Salad Bar	<p>Ham Sandwich: Allergens: WHEAT, SOYA</p> <p>Cheese Sandwich: Allergen: WHEAT, SOYA, MILK</p> <p>Vegan cheese sandwich Allergens: WHEAT, SOYA</p>	<p>Ham Sandwich: Allergens: WHEAT/SOYA</p> <p>Cheese Sandwich: Allergen: WHEAT/SOYA/MILK</p> <p>Vegan cheese sandwich Allergens: WHEAT, SOYA</p>	<p>Ham Sandwich: Allergens: WHEAT, SOYA</p> <p>Cheese Sandwich: Allergen: WHEAT, SOYA, MILK</p> <p>Vegan cheese sandwich Allergens: WHEAT, SOYA</p>	<p>Ham Sandwich: Allergens: WHEAT, SOYA</p> <p>Cheese Sandwich: Allergen: WHEAT, SOYA, MILK</p> <p>Vegan cheese sandwich Allergens: WHEAT, SOYA</p>	<p>Chicken sandwich: Allergens: WHEAT, SOYA</p> <p>Cheese Sandwich: Allergen: WHEAT, SOYA, MILK</p> <p>Vegan cheese sandwich Allergens: WHEAT, SOYA</p>
Dessert	<p>Baked Raspberry Jam doughnut Selection of Fresh Fruits Soreen Lunch Box Loaf Crackers &amp; Laughing Cow Cheese Yoghurt</p> <p>Allergens: WHEAT May contain: eggs/milk/soya/sesame seeds</p>	<p>Crackers &amp; Laughing Cow Cheese Yoghurt Soreen Lunch Box Loaf Fresh fruit Vegan cheese spread</p> <p>Allergens: WHEAT, MILK</p>	<p>Fresh fruit Soreen Lunch Box Loaf</p> <p>Allergens: WHEAT Crackers with cheese: Allergens: WHEAT, MILK Crackers with vegan spread: Allergens: WHEAT, SOYA</p>	<p>Shortbread biscuit</p> <p>Allergens: WHEAT</p>	<p>Raspberry ripple or chocolate ice cream sponge rolls</p> <p>Allergens: MILK, GLUTEN, WHEAT, SOYA, EGG Vegan ice cream May contain Soya, Milk</p>

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Roast beef dinner served in a giant Yorkshire pudding and vegetables  Allergens: EGG, MILK, WHEAT	Ellenbrook Brunch - Pork sausages served with Hash Browns, omelette and beans  Allergens: WHEAT, SULPHUR DIOXIDE, EGG, MILK	Chicken tikka curry served with rice and naan  Allergens: MILK, WHEAT	Beef spaghetti bolognese served with garlic/cheesy garlic bread pizza  Allergens: WHEAT, MILK May contain: Mustard, Soya	Harry Ramsden's Fillet of fish served with chips and peas  Allergens: WHEAT, FISH
Option 2	Homemade macaroni and cheese served with peas  Allergens: MILK, WHEAT May contain: Egg, celery, mustard, soya	Vegan sausage served with Hash Brown and Beans  Allergens: WHEAT	Homemade vegetable curry served with rice and naan  Allergen: WHEAT	Vegan spaghetti bolognese served with garlic/cheesy garlic pizza or Vegan garlic cheese pizza Allergens: WHEAT, MILK May contain: Mustard, Soya	Cheese quiche served with chips and peas  Allergens: WHEAT, MILK, EGG
Jacket Potato	Jacket Potato served with Cheese and/or Baked Beans or  Vegan cheese available  Allergens: MILK	Jacket Potato served with Cheese and/or Baked Beans or Tuna in mayonnaise Vegan cheese available  Allergens: FISH, EGG, MILK	Jacket Potato served with Cheese and/or Baked Beans or Tuna in mayonnaise Vegan cheese available  Allergens: FISH, EGG, MILK	Jacket Potato served with Cheese and/or Baked Beans  Vegan cheese available  Allergens: MILK	Jacket Potato served with Cheese and/or Baked Beans or Tuna in mayonnaise Vegan cheese available  Allergens: FISH, EGG, MILK
Sandwich Salad Bar	Ham Sandwich: Allergens: WHEAT, SOYA  Cheese Sandwich: Allergen: WHEAT, SOYA, MILK  Vegan cheese sandwich Allergens: WHEAT, SOYA	Ham Sandwich: Allergens: WHEAT, SOYA  Cheese Sandwich: Allergen: WHEAT, SOYA, MILK  Vegan cheese sandwich Allergens: WHEAT, SOYA	Ham Sandwich: Allergens: WHEAT/SOYA  Cheese Sandwich: Allergen: WHEAT, SOYA, MILK  Vegan cheese sandwich Allergens: WHEAT, SOYA	Ham Sandwich: Allergens: WHEAT, SOYA  Cheese Sandwich: Allergen: WHEAT, SOYA, MILK  Vegan cheese sandwich Allergens: WHEAT/SOYA	Chicken sandwich: Allergens: WHEAT, SOYA  Cheese Sandwich: Allergen: WHEAT, SOYA, MILK Vegan cheese sandwich Allergens: WHEAT, SOYA
Dessert	Fresh fruit Soren Lunch Box Loaf  Allergens: WHEAT Crackers with cheese: Allergens: WHEAT, MILK Crackers with vegan spread: Allergens: WHEAT, SOYA	Chocolate mousse served with sliced banana topping  Allergens: MILK Vegan custard with slice banana topping Allergens: SOYA	Flapjack backed with sultanas  Allergens: WHEAT May contain: egg, milk, soya	Strawberry jelly with strawberry mousse topping  Allergens: MILK Vegan jelly available	Raspberry or chocolate ripple mousse  Allergens: MILK Vegan ice cream May contain Soya, Milk

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Option 1</b>	100% Beef burger in a bun served with Criss-cross potatoes and peas  Allergens WHEAT, SOYA, SULPHITES May contain: Sesame seeds	Wrap with southern fried coated chicken strips served with cous-cous salad/garlic mayonnaise or ketchup Allergens: WHEAT, EGG, CELERY, MILK May contain: Mustard, soya	Cheese and ham calzone served with fresh salad  Allergens: WHEAT, MILK May contain: Egg	Cheese whirl served with beans  Allergens WHEAT, MILK, EGG	Chicago Town pepperoni pizza served with mixed salad  Allergens: WHEAT, MILK May contain: Mustard, soya
<b>Option 2</b>	Southern Quorn burger in a bun served with Criss cross potatoes and peas  Allergens: WHEAT  May contain: Sesame seeds	Wrap with Chicken style vegan strips served with cous cous salad/tomato sauce  Allergens: WHEAT, SOYA May contain: Mustard	Margarita calzone served with fresh salad  Allergens: WHEAT, MILK May contain: Egg	Tomato and basil pasta bake served with salad  Allergens: WHEAT, MILK May contains: Soya, mustard	Cheese pizza served with mixed salad  Allergens: WHEAT, MILK May contain: Mustard, soya
<b>Jacket Potatoes</b>	Jacket Potato served with Cheese and/or Baked Beans or  Vegan cheese available  Allergens: MILK	Jacket Potato served with Cheese and/or Baked Beans or Tuna in mayonnaise Vegan cheese available  Allergens: FISH, EGG, MILK	Jacket Potato served with Cheese and/or Baked Beans  Vegan cheese available  Allergens: MILK	Jacket Potato served with Cheese and/or Baked Beans or Tuna in mayonnaise Vegan cheese available  Allergens: FISH, EGG, MILK	Jacket Potato served with Cheese and/or Baked Beans or Tuna in mayonnaise Vegan cheese available  Allergens: FISH, EGG, MILK
Sandwich Salad Bar	Ham Sandwich: Allergens: WHEAT, SOYA  Cheese Sandwich: Allergen: WHEAT, SOYA, MILK  Vegan cheese sandwich Allergens: WHEAT, SOYA	Ham Sandwich: Allergens: WHEAT, SOYA  Cheese Sandwich: Allergen: WHEAT, SOYA, MILK  Vegan cheese sandwich Allergens: WHEAT, SOYA		Ham Sandwich: Allergens: WHEAT, SOYA  Cheese Sandwich: Allergen: WHEAT, SOYA, MILK  Vegan cheese sandwich Allergens: WHEAT, SOYA	Chicken sandwich: Allergens: WHEAT, SOYA  Cheese Sandwich: Allergen: WHEAT, SOYA, MILK  Vegan cheese sandwich Allergens: WHEAT, SOYA
<b>Dessert</b>	Meringue served with fresh strawberries and raspberry ripple ice cream  Allergens: EGG, MILK Vegan ice cream May contain: Milk	Raspberry Jelly with raspberry Angel delight  Allergens: MILK Vegan Jelly available	Fresh fruit Soreen Lunch Box Loaf Crackers with cheese:  Allergens: WHEAT/MILK Crackers with vegan spread: Allergens: WHEAT/SOYA	School cake  Allergens: WHEAT, EGG, MILK, SOYA Vegan school cake: Allergens: WHEAT, SOYA	Vanilla, Strawberry or Chocolate Ice Cream  Allergens: MILK Vegan Ice Cream May contain Soya, Milk